



Dutch Association of Mental Health and Addiction Care

Advocacy in mental health

The (ab)use of data and indicators for (inter)national advocacy and lobby

Mental Health Europe
Capacity Building Seminar

Brussels, December 11, 2015





What are we going to do in the next 1,5 hours

Advocacy, lobby, framing

Example 1: Getting rid of one single graph

Indicators

Example 2: Impact of mental ill health

Available data sources and benchmarks



Advocacy, lobbying and framing

Advocacy

- Influencing (a group of) policies
- In political, economic and social systems/institutions

Lobbying

- Influencing a specific decision or outcome
- By legislators or agencies.

Framing

- Influencing individuals, groups and societies how they perceive and communicate about reality.
- Using existing clusters of meaning to place a message, issue or fact in a certain perspective





Frame: Mental resilience determines the future of our European society

- well-educated children, productive adults and active senior citizens increase the cohesion, stability and security;
- mentally well-functioning people are in better physical health, are more productive, earn higher incomes on average and hence have a higher socioeconomic status;
- higher productivity, lower absenteeism and less work accidents lead to lower costs for healthcare and social security systems, thus increasing GDP growth in Europe.

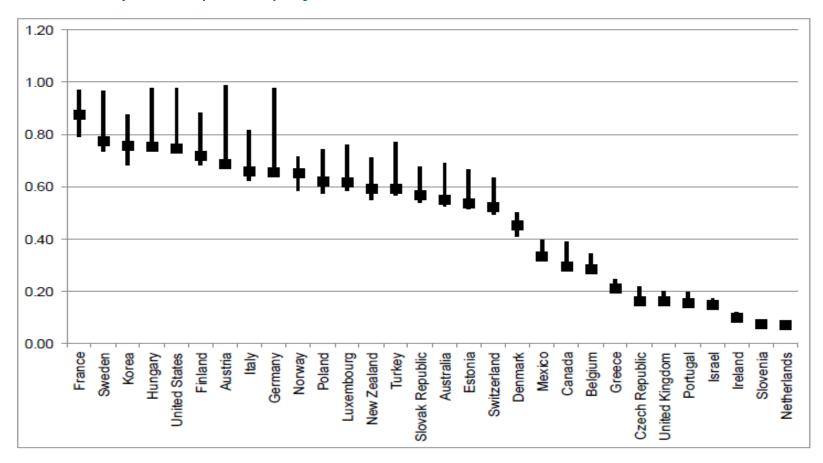
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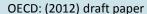


Could efficiency really be determined only by counting the number of beds and psychiatrists?

"In contrast Netherlands, Ireland and Czech Republic tend to emerge relatively consistently as the poorer performers".



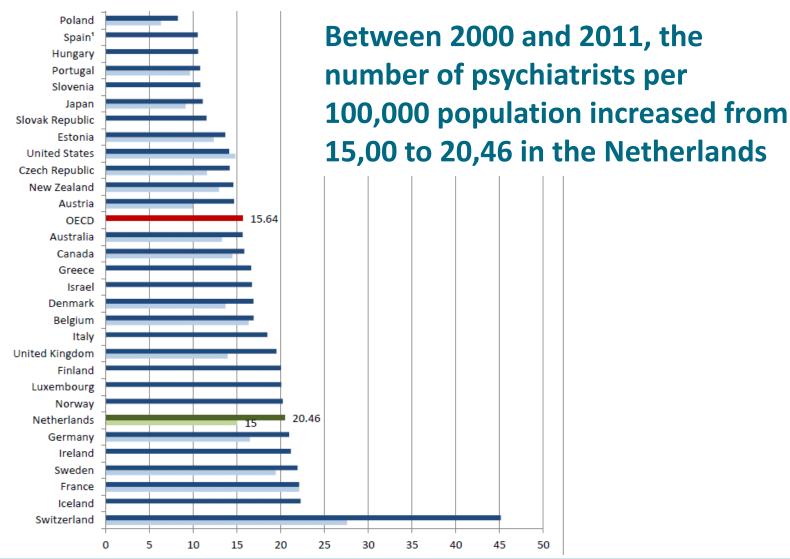








Compared to OECD average, Dutch mental health care does indeed have a huge professional staff



OECD health database. [Online] Available http://dotstat.oecd.org/Index.aspx. Accessed 05 October 2013.

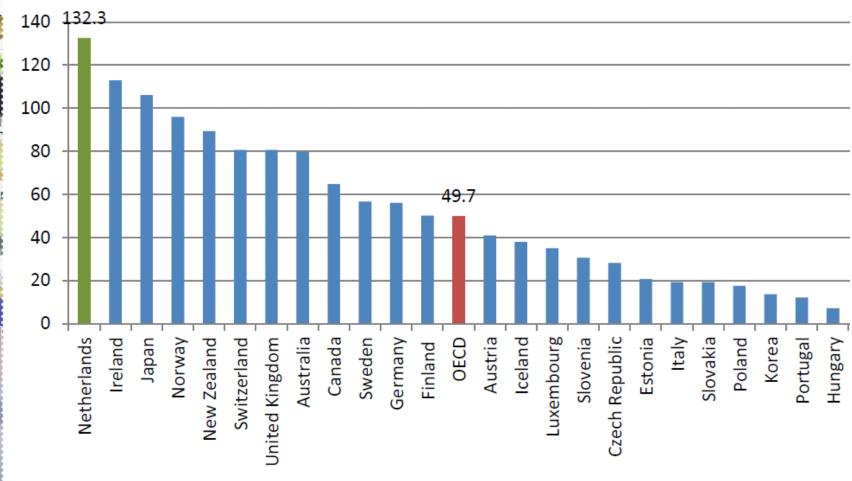


Source:



Compared to OECD average, Dutch mental health care does indeed have a huge professional staff

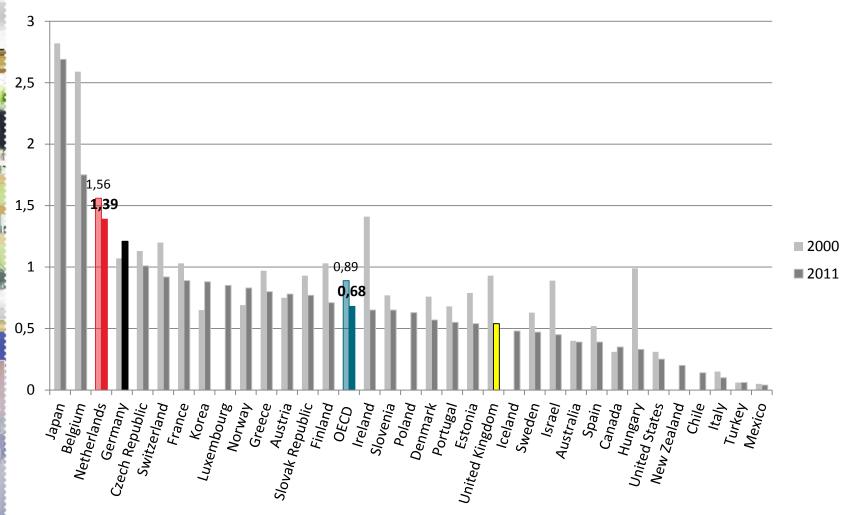
Mental health nurses per 100 000 population, 2011 (or nearest year)







And also still a high number of psychiatric beds...





Source:



... with a strong focus on assisted independent living and sheltered housing.

The popularity of other residential facilities (e.g. sheltered houses, group homes) is demonstrated by the sharp increase in the places used: from 4 000 places in 1993 to approximately 13 000 in 2009

Types of residential services for people with mental health problems in 2009

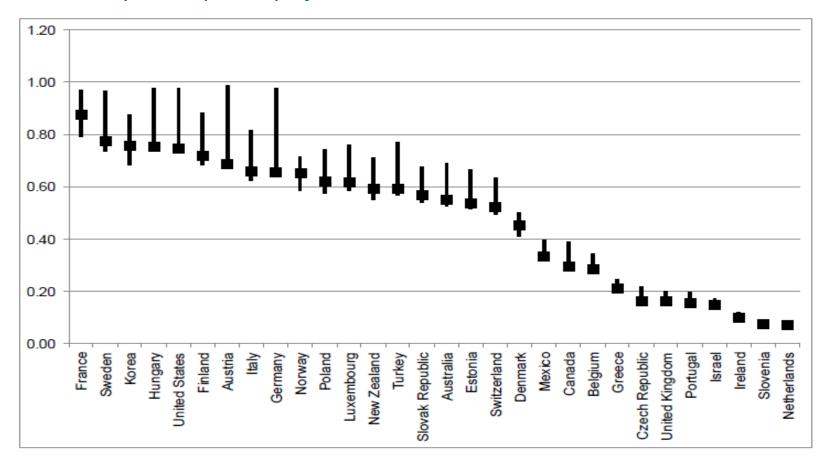
Type of service	Total number of beds	Rate per 100 000
Clinical beds (cure) out of which:	21 596	131.0
- Adults and elderly	17 786	107.9
- Children and youth	1 772	10.7
- Addiction care	2 038	12.4
Sheltered housing, mainly group homes (care)	12 978	78.7



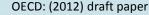


March 2012: are the number of beds / psychiatrist per 100 000 population a measure for efficiency?

"In contrast Netherlands, Ireland and Czech Republic tend to emerge relatively consistently as the poorer performers".





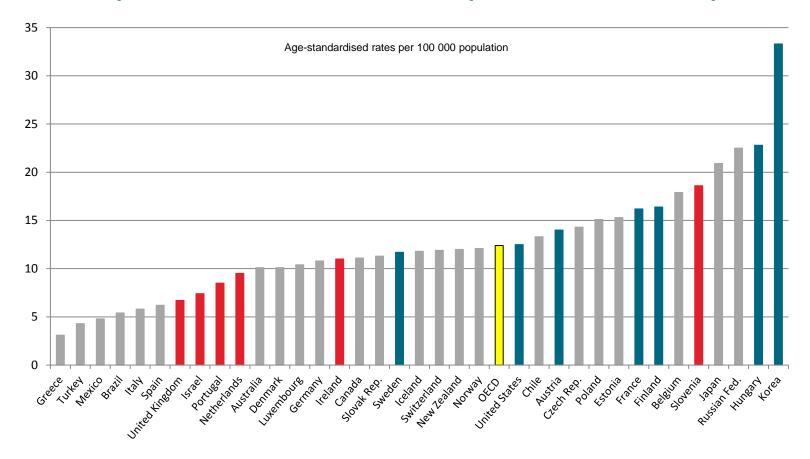




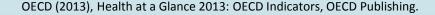


On the basis of other OECD research, the question was: "Are outcomes not relevant at all?"

Suicide deaths per 100 000 population (standardised rates) in OECD countries, 2011 (or latest available).









Such as a very low percentage of unmet need?

Self-reported utilisation of medication and any form of health care because of psychiatric problems, alcohol or drug related problems by the Dutch population between 18 – 64 years old.

	Medication (%)	Any form of mental health care (%)	Unmet need (%)
Mood disorder	36.8	58.7	8.7
Anxiety disorder	20.5	34.8	5.9
Substance abuse	15.3	29.0	5.3
ADHD	24.9	35.2	5.1
Any Axis-1 disorder	19.6	33.8	5.6
No axis-1 disorder	2.7	6.5	1.0
Total population	5.7	11.4	1.8





The paradox when it comes to international indicators and benchmarks

- Indicators are not reality, nor truth
- It is a simplification, a model
- International indicators are NOT reliable
- International benchmarks are NOT reliable

- We need indicators to measure
- We need international benchmarks to learn
- We need to know what the data represent





Already in 1863, Florence Nightingale introduced outcome measurements for hospitals



"It is proposed that one and the same form should be used for each statistical element. Seven elements are required to enable us to tabulate the results of hospital experience:

- Remaining in hospital on the first day of the year.
- Admitted during the year.
- **Recovered or relieved** during the year.
- Discharged incurable, unrelieved, for irregularities, or at their own request.
- Died during the year.
- Remaining in hospital on the last day of the year.
- Mean duration of cases in days and fractions of a day."



Source:

Nightingale F (1863). Notes on hospitals, 3rd Edition. London: Longmans (page 161).



European Alliance for Mental Health in All Policies

















Mental ill health is very common ...

In the Netherlands

population 16.8 million

Mental ill health in lifetime:

43,5% of population

People with mental ill health in lifetime:

7.3 million

People with mental ill health in a year:

1.9 million

People using specialist mental health care:

0.8 million

In WHO Europe:

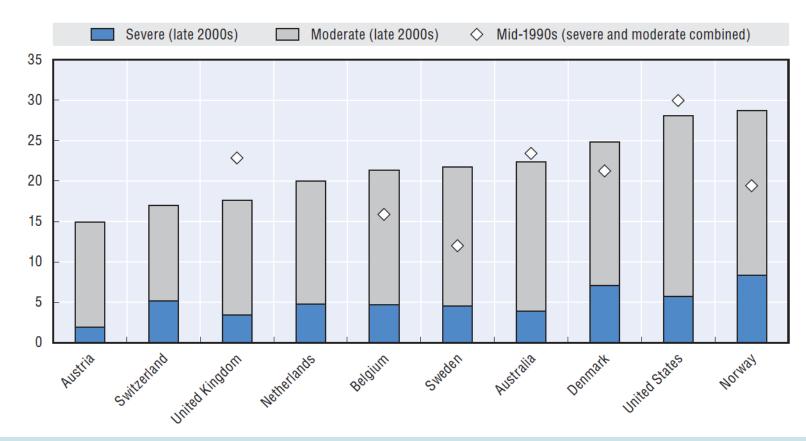
- affect more than a third of the population every year
- 1-2% of population with diagnosis psychotic disorders
- 5.6% of men and 1.3% of women have substance abuse disorders

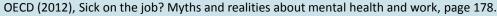




... starting in youth where 15 – 25 % of adolescents have had experience with mental ill health...

People aged 15-24 with a mental disorder as a percentage of the total youth population, late 2000s and mid-1990s



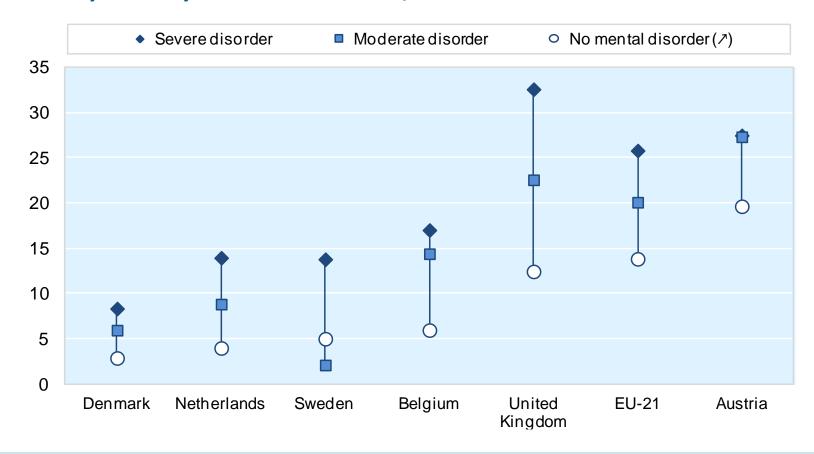


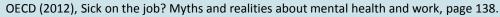


Source:

... affecting their education.

Share of people who stopped full-time education before age 15, by severity of mental disorder, 2010



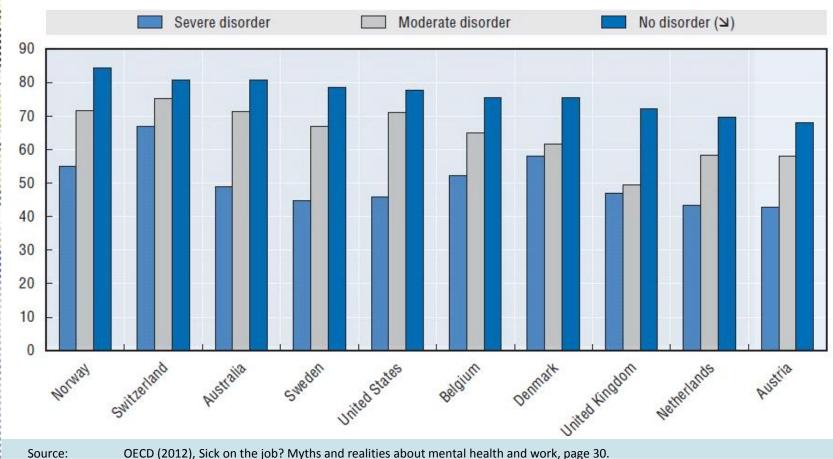




Source:

... their employability ...

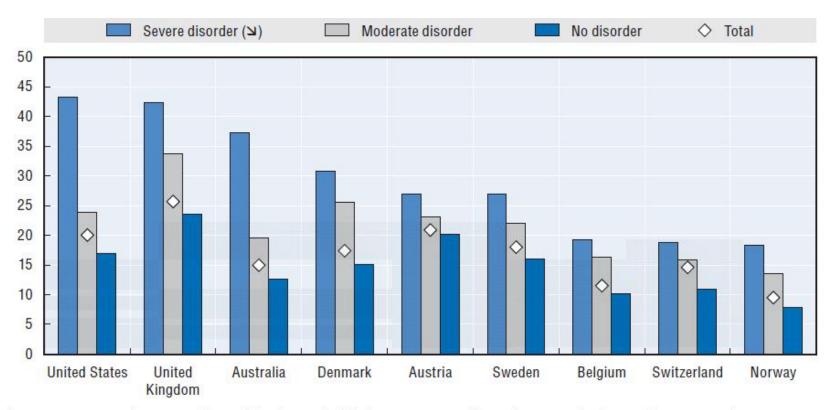
Employed people as proportion of the working-age population in 10 OECD countries, by severity of mental disorders, latest available year





... and their income.

Poverty risks for people with a severe, moderate or no mental disorder in 9 OECD countries, latest year available



- a) Per person net income adjusted for household size. For Australia and Denmark, data refer to gross income.
- b) The low-income threshold determining poverty risk is 60% of median income.

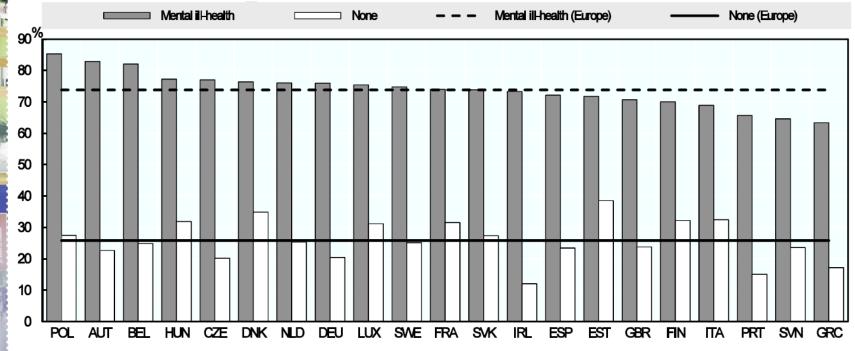


Source:



Mental ill health leads to productivity loss ...

Workers who have not taken sick leave, but show reduced productivity due to an emotional problem (in the previous four weeks) by mental health status and country.







... this makes the impact of mental ill health on Europe's economy huge.

Annual direct costs (work-related)

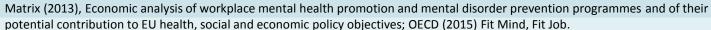
- employers (absenteeism and presenteeism)
- economy (lost output)
- healthcare systems (treatment)
- social welfare (disability benefit payments)

€ 610 billion

- € 270 billion
 - € 240 billion
 - € 60 billion
 - € 40 billion

A. Costs^a of mental disorders as a percentage of the country's GDP, 2010 Europe 4.5 4.0 3.5 3.0 2.5 1.5 1.0 GBR ISL DEU GRC AUT FRA IRL BEL DNK ESP PRT SWE ITA SWN NLD HUN FIN CHE POL NOR EST CZE USA SWK LUX AUS





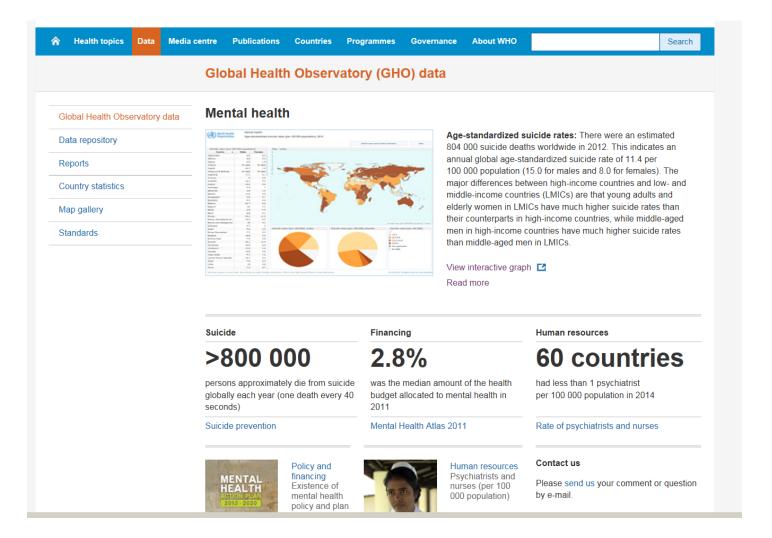


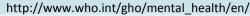
Core messages in every presentation of the Alliance

- Mental ill health is common (part of human condition)
- Mental ill health does have a huge social and economic impact
- This impact will only increase in the next few years
- Mental health in all policies is not a luxury, it is a necessity



The data of WHO is limited in scope, not always accurate en often too old

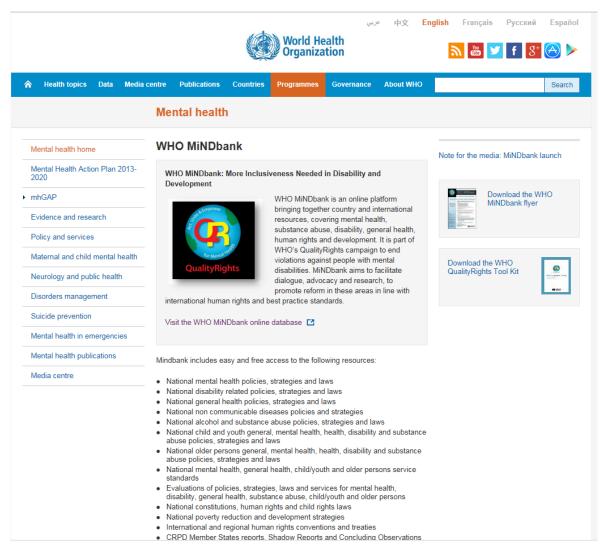








WHO Mindbank is a recent expansion ...





With information on legislation, policies and so on

Home About Country Resources WHO Resources Human Rights Resources UN & WHO Resolutions Contribute Links Accessibility Search •

European Region: Country Resources

Countries in WHO MINDbank are categorised according the six WHO regions. Alternatively, you may also browse by country, the resource type or topic or conduct a more detailed search for resources.

Albania	>	Greece	>	Principality of Liechtenstein	>
Andorra	>	Hungary	>	Republic of Moldova	>
Austria	>	Iceland	>	Romania	>
Azerbaijan	>	Ireland	>	Russian Federation	>
Belarus	>	Israel	>	San Marino	-
Belgium	>	Italy	>	Serbia	>
Bosnia and Herzegovina	>	Kyrgyzstan	>	Slovakia	>
Bulgaria	>	Latvia	>	Slovenia	>
Croatia	>	Lithuania	>	Spain	>
Cyprus	>	Luxembourg	>	Sweden	>
Czech Republic	>	Malta	>	Switzerland	>
Denmark	>	Monaco	>	The former Yugoslav Republic of Macedonia	-
Estonia	>	Montenegro	>	Turkey	>
Finland	>	Netherlands	>	Ukraine	>
France	>	Norway	>	United Kingdom	
Georgia	>	Poland	>	Uzbekistan	>
Germany	>	Portugal	>	OZDENISIAN	>

Show all resources from countries in the European Region



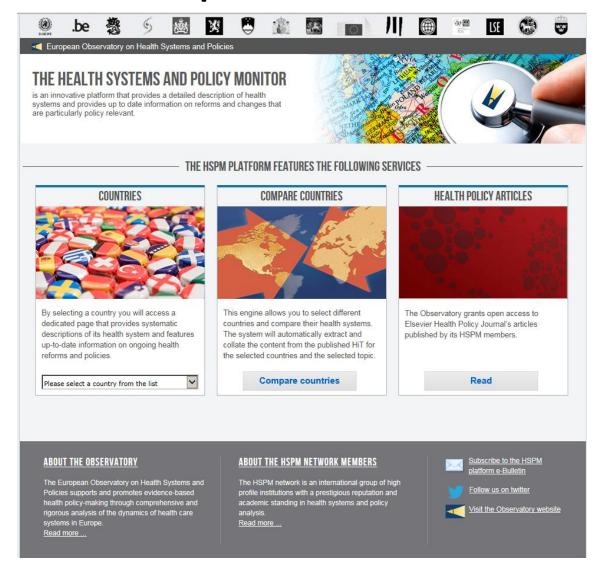


... but is also severely limited.

	II ING	hts Resources UN & WHO Resolutions Contribute Links Acc	cessibility Se	arch
Country Resources: Netherlands				
Show all 44 resources from Netherlands				
Browse by Resource Type:				
Mental Health Policies (2)	>	General Health Policies (1)	>	
Mental Health Strategies and Plans (2)	>	General Health Strategies and Plans (2)	>	
Mental Health Legislation, Regulations and Implementation Guides (5)	>	General Health Legislation (6)	>	
Substance Abuse Policies (2)	>	Constitutions (4)	>	
Substance Abuse Strategies and Plans (1)	>	Human Rights Legislation (1)	>	
Substance Abuse Legislation (2)	>	Capacity related legislation (1)	>	
Disability Strategies and Plans (1)	>	Development and Poverty Strategies (2)	>	
Disability Legislation (1)	>			
Browse by Resource Topic:				
Child and Youth General Policies, Laws, Strategies & Plans, Service Standards (2)	>	Older Persons General Health Policies, Laws, Strategies & Plans, Service Standards (1)	>	
Child and Youth Mental Health Policies, Laws, Strategies & Plans, Service Standards (2)	>	Neurological disorders including dementia (2)	>	
Child and Youth Disability policies/plans/legislations and service standards (2)	>	Suicide Prevention (1)	>	
Older Persons General Policies, Laws, Strategies & Plans and service standards (1)	þ.			
Browse by Administrative Region:				
National resources (25)	>	Sint Maarten (5)	>	
Aruba (4)	>			
Curação (10)				



The HSPM is a cooperation between WHO and EU.



http://www.hspm.org/mainpage.aspx





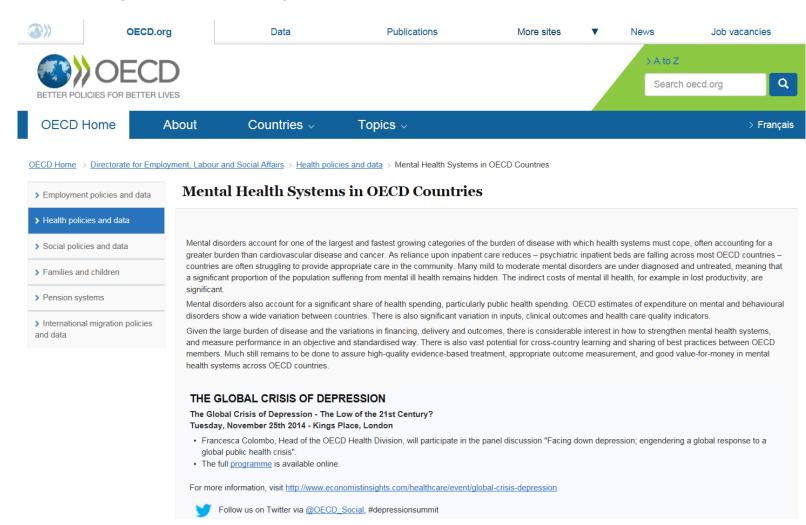
And a good instrument to compare countries on specific topics, such as mental health

2. SELECT TOPIC	
Introduction	☐ Public health
Organization and governance	Patient pathways
	Primary / ambulatory care
Financing	Specialized ambulatory care / inpatient care
Physical and human resources	Emergency care
Provision of services	Pharmaceutical care
	Rehabilitation / intermediate care
Principal health reforms	Long term care
Assessment of the health system	Services for informal carers
Conclusions	☐ Palliative care
Please note that sections "Intersectorality" and "Transp	Mental health care
	☐ Dental care
	Complementary and alternative medicine
3. GENERATE PDF (PLEASE ALLOW 35 SECONDS FOR THE	Health services for specific populations
Download PDF	



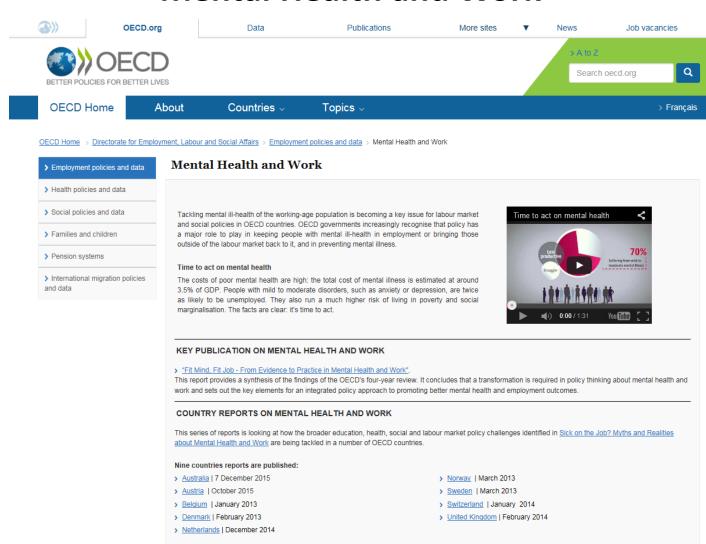


The OECD does have a health department with one person responsible for mental health





A second department of the OECD is working on Mental Health and Work





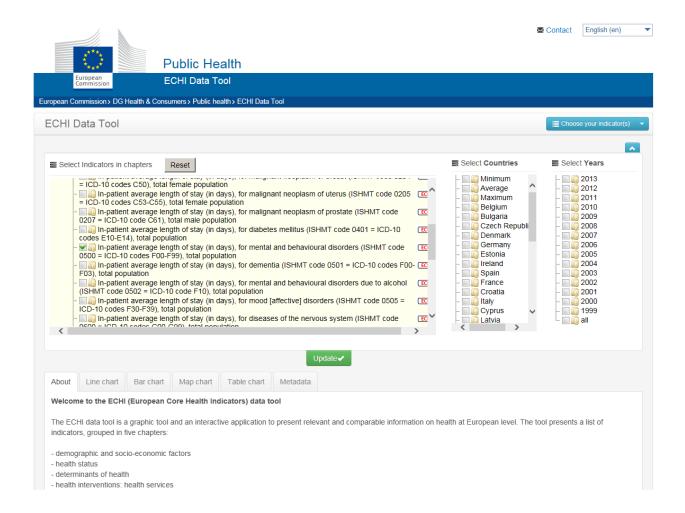


The EU does have a specific program on health indicators, including some on mental health.





With options to select indicators, years and countries.



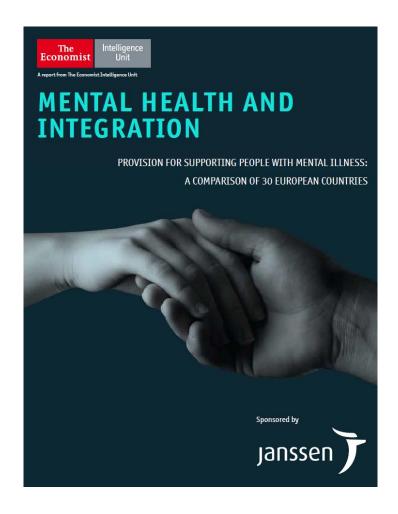


Like Average Length of Stay





Private organisations and NGO's are also benchmarking more and more

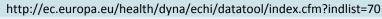




Institutional and community-based services in the mental health field in Europe











Dutch Association of Mental Health and Addiction Care

GGZ Nederland is the sector organisation of specialist mental health and addiction care providers in the Netherlands. The aim of GGZ Nederland and its members is to ensure the availability of high quality, accessible, affordable and sustainable mental health care.

In 2013, its 113 members employed 89,500 staff who provided specialist mental health care to 815,800 clients.

Together they have an annual turnover of € 5.66 billion (6.1% of Dutch health care expenditure and deliver a Return On Investment for the Dutch society of € 14.6 billion. This is a market share of 80.6% in the health insurance market and more than 90% in child and youth care, sheltered housing, addiction care and forensic care.

Source:







Seated in Amersfoort, its 60 employees represent the interests of its members in an on-going and constructive dialogue with client organisations, health insurers, national and local governments, professional associations and trade unions.

GGZ Nederland contact:

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3800 AV Amersfoort

e-mail: cnas@ggznederland.nl

website: www.ggznederland.nl/pagina/english

